



Child & Family Welfare Foundation

A Project for the Disabled & Polio Affected



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CFWF ♦ Annual Progress-Report 2016-17

A warm welcome to all well-wishers, donors, partners, friends, project associates, and members who are directly or indirectly, connected with our cause. We thank you for your enormous support, enthusiasm, and collaboration, to achieve another successful year in our humanitarian work and service for the Differently Able and Underprivileged. All those who benefited from the kind help received, in the form of Ortho-aids, educational material, and food provisions are very appreciative.

We sincerely apologize for the late Project report. In the past year, our schedule was interrupted due to a trip abroad by Project Manager Josef and family; and then relocation of part of our project operations from Mumbai to Nashik; accompanied with restructuring. In spite of these happenings, our activities have still continued at a smooth pace with the same commitment. In future, we shall try to update and report about our work on a regular basis.

Besides looking after the disabled children and patients in our care, we also participated in various other events. Every January, Child & Family Welfare Foundation takes part in the Mumbai Marathon. Our task is to find sponsors for bibs and participants. Some of the proceeds are then donated to our Charity. Presently bibs are still available for the 2018 Marathon. Some events of CFWF activities can be regularly witnessed on our Facebook page. Please do visit it.

Mumbai Marathon 2016, G. Kipketer wins in 2.08.35



Some Highlights of the Year



Big move from Mumbai to Nashik, summer 2016



Wellwisher Praful Patel with Bandu P.

CFWF-Charity working with Shraddha Clinic & OAALMAC Institute in Mumbai

At Shraddha Clinic, Orthopaedic surgeon Dr Desai and his team have been working with CFWF over the past 20 years, to give free correctional surgeries and treatment to many poor and needy patients from Mumbai and all over India. On the left, we see CFWF-coordinator Bandu with friend and well-wisher Praful from UK, in front of the hospital. Praful has taken keen interest and is helping us in the project.

Director of OAALMAC, Arun Solat, is seen on the right with CFWF Project Manager Josef, who is holding a new Orthopaedic appliance, made at his workshop. Arun is a very skilled, prosthetist maker, manufacturing and supplying all Ortho aids, needed for the patients and project with the help of his team.



CFWF-Josef with Arun Solat, OAALMAC Director

Care of patients, med. exams and surgeries at Shraddha ■ Mrs. Desai's back surgery and speedy recovery



Dr P. Desai of Shraddha Clinic diagnosing patient Ganesh

Year by year, the number of Polio patients is decreasing, thanks to a halt in epidemic conditions, widespread in India previously. One patient from that era, 28yr old Ganesh, is being examined and diagnosed by Dr Desai for limb-lengthening surgery.

In late 2016, Mrs. Desai needed to undergo a difficult surgery of the spine, due to a condition of slipped disks. Dr Desai was the co-surgeon at the operation, and she has been recovering quite well since then.



Dr. Pares and Mrs. Kalpana Desai

Work at OAALMAC Institute Mumbai - Ortho-aids for our patients



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Comments to the Pictures:

1) Arun Solat of OAALMAC is fitting a splinter on little boy Sanchit (5yr) in the presence of his mother. **2)** A special corset was made for Pranali, who suffers from disability in her back. **3)** Norman also got a set of splinters and is progressing well. **4)** Kushi (12yr) has all the reasons to smile. She was hopping around with two

crutches before, but now walks nicely with a calliper. **5-6)** Umaima suffers from disability due to Cerebral Palsy. Her mother Ujma is present during fitting of the girl's splinter walking-aid, enabling her to take her 1st steps. **7)** Parents of Shivam are very glad for the hip on down calliper with pelvic band for their son.

Since the beginning of our Charity project in 1997, we've been working together with OAALMAC, Arun Solat and his team. As reported earlier, in recent years there has been a shift from correctional surgery requests, to supplying more and more orthopaedic aids to needy patients in our care.

This keeps Prosthetist Mr. Solat and his hardworking team of Orthotic technicians pretty busy. Various types of appliances and walking aids are being manufactured with skill and expertise, fitted on patients, maintained, and repaired when necessary.

Arun Solat is technically well trained and holds a certified degree from USA. And just like Dr Desai of Shraddha Clinic, Mr Solat chose to work among his own people, offering his skills and services to the poor through his workshops in Mumbai.

We are very glad to be working together for the benefit of the Underprivileged and Disabled. By making OAALMAC available to the poor and needy, many patients benefit and receive valuable aids.



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In the north-western part of Mumbai, near Dr Desai's residence, a major fire ripped through the slum area. It was caused due to a gas cylinder exploding in a kitchen. The fire spread instantly to the nearby hutments, which were made mostly out of wood and plastic! 25-30 more gas cylinders exploded, causing panic and havoc, with homes of the slum dwellers gutted to the ground. Thankfully, people and their families were able to escape with only minor injuries. However, two lives were lost. Sister-in-law of CFWF worker Bandu lives in this

An explosion with devastating fire ■ Relief goods for the affected slum dwellers



slum with her family. They lost their livelihood, as well as, all their important documents and valuables. In the after-math, a team of CFWF-volunteers visited the area with required food items. On the right, are Bandu and Tanuja from CFWF, distribu-



ting 80L milk to the slum dwellers, who were the worst affected in the tragedy. Since then, some residents have received a small house from the Govt in the <Slum-Rehabilitation move>, but Bandu's relatives are still waiting.

Cheering up hearts with singing performances ■ Helping to build learning habits with educational materials



Show at Shraddha Clinic for the patients and personnel

Over the years, we have conducted Christmas programs for the Underprivileged. [L] In front of Shraddha Clinic in Mumbai, a singing performance where our children participated. This, and other such shows, cheered many hearts and delighted the crowd.

[R] Nisha, distributing educational and character building materials, to children of Balwadi in a slum area. Balwadis are non-Govt schools initiated by NGOs.



Nisha and little tots, happy with their books



Picture-Log/Report:

1, 2+4) Vijay (26yr) suffers from a rare genetic bone disorder, called Osteogenesis Imperfecta. It is characterized by fragile bones that bend and break easily. He had been in treatment since 2013, when his family brought him to us. A series of multiple-stage surgeries, including limb-lengthening procedure to correct the difficult deformities were diagnosed. Thanks to the sponsorship/special grant by ONGC India, most surgeries could be carried out by Dr Desai and Vijay has progressed much since then. His legs are straight, mobility has improved and he is now operating a kiosk on his own!



1+3) Shreya, the daughter of a poor cobbler, disabled due to Cerebral Palsy, used to limp around on two crutches. After using the calliper for three years, she walks comfortably without it.

5+6) 11yr old Shiraj also suffers from crippled legs due to Cerebral Palsy. His parents, Eknath and Ekta, brought him to us, and were very thankful to get a splinter from hip on down with shoes for him. Shiraj had to be previously helped with every step he took. Now, the boy is very upbeat in spirit and self-esteem, due to much increase in mobility, going around his home on his own!

7+8) Sairaj (4yr) had to undergo a difficult surgery in order to correct deformity in his leg. The little boy wore the needed fixator patiently for months. A special calliper was made by OAAMLAC, which helped Sairaj to stand comfortably and begin moving around.

Accounts of lives changed through Ortho surgeries and free aids received



Hosting events and giving to the Needy - Training new volunteers - Consulting patients and their families



Picture-Log/Report:



Bandu & Josef on their way to cross a narrow bridge!



1-3) Food distribution to slum dwellers, carried out by CFWF- coordinator Bandu along with Vinay, Rishita and Usha. A team effort to give to those in need.
2) Cute tots in school uniforms, thankful for a pot of milk.
3) Volunteers Vinay(r) and Rishita (l) are new trainees, doing a great job keeping log and handing out food items.
4) Bandu, consulting and discussing with the parents of Sushant, the next steps of their son's treatment.
5) Nilratan and Mahendra (1st/2nd right) are very social minded, dedicating lot of time to charity work. Here, they distribute educational materials, and cheer up patients.
6) Bandu & Josef, make their obstacle race to next event.
7) Rohan, a rickshaw driver, helps transporting items for the project. He is distributing 40L of milk in a nearby slum.



While project activities are being extended more in Nashik, we continue hosting regular events in Mumbai, at various slums, where we distribute relief goods, educational material, and instruct about healthcare. It has helped to create a good bond with all the people around including our patients residing in these slums.

It also serves as a good platform to train new volunteers, giving individuals a chance to serve those in need. In a recent event, Rishita and Usha of Bandu's family, also participated. Rishita surveyed a slum area, invited needy families, and kept protocol of distribution, with the help of Vinay and her mother, Usha (pic3).

Vinay, a bright student of IIT-Institute Mumbai, loves caring for the needy, takes keen interest in social work and joins us for events regularly. Two old-time helpers, Nilratan and Mahendra (pic5), are also very charitable and have over the years given CFWF valuable assistance in various ways. During these gatherings, we take time to consult, follow-up, and discuss treatment needs of the patients present (pic4).

Progress-Report; New Centre for CFWF-Project & Team being built

For many years, Child & Family Welfare Foundation team, wished to have a centre of their own, with enough space to house all team members and project activities under one roof. It could also serve as a facility for Rehab of children and patients in our project, which helps Differently Able and the Underprivileged.

After years of research for our future home and base for CFWF-Project, we were able to take the initial step in 2013, by acquiring a plot in Nashik area and began construction plans for a new centre. The task was daunting, not to mention, uprooting from Mumbai after having settled there for nearly 30 years. However, we felt strongly that God was leading us in this direction. As we stepped out, the supply of the huge amount of funds required for construction, started to pour in amazingly. By God's kindness, we may be able to complete the centre by early 2018. Construction is carried out very well by our dear friend and builder, Sandip.

It's been an exciting journey with many challenges, especially, our move in 2016 from cosmopolitan, affluent Mumbai to a remote rural surrounding, residing in a temporary, small housing, until our centre is ready. While we are patiently waiting, we keep ourselves busy carrying out the project activities, also help with planning and coordination at the site, hoping to receive quickly the remaining funds needed, in order to complete this important project in the near future.

Picture-LOG/Report

1) The proposed building and new centre for the CFWF-Project, first drawn up in 2013. **2)** Construction began in July 2016, with completion of foundation and ground level in August. **3)** After delays and setbacks, work was speeding up by early 2017, with exterior and roof nearly com-

pleted in July 2017. **4)** CFWF-Bandu, and Josef with his son Arav, gathering with mason workers during the brick-work. **5)** Presently, interior work is on the way with plasterers finishing the walls, giving them a smooth, sparkling white touch. Tiling and work on bathrooms has started too.



Meeting the Minister from Delhi at Felicitation Event in Navi-Mumbai



A Tribute to Pratibha Joy

[R] Pratibha, left us for her heavenly abode in Nov 2016, after a long, brave battle with cancer. For many years, she has contributed to CFWF-Project, and worked with us for the betterment of Polio patients. Till her last breath she was engaged in voluntary service, especially, to people in sickness and suffering. A wonderful inspiration for us all -- we miss her!

Here, with CFWF-Nisha(l) and Josef's daughter Michelle(r), who is studying in Switzerland.



"The difference between what we do and what we are capable of doing, would suffice to solve most of the world's problems." – Mahatma Gandhi

In Closing, a Plea with a Thank You from CFWF-Team

Left(above): In Sept 2016 Minister of Social Justice, Shri Ramdas Athawale, visited Navi Mumbai from New Delhi, to felicitate NGOs, who have contributed considerably with their efforts in the state of Maharashtra. Volunteers of the Child & Family Welfare Foundation were present to meet the minister.

In closing, we want to express our deepest gratitude to all well-wishers, friends, businesses, and organizations, for the kind help received. Thank you all for the financial support, donation of goods and provisions, and assisting us with various services; all instrumental in making CFWF-Project a success.

Our activities are going steady in two locations, Mumbai and Nashik, with part of our team, still based in Mumbai. Please, generously support our humanitarian cause and medical aid project for Differently Able, to help us carry on efficiently.

With greetings & warm regards, CHILD & FAMILY WELFARE FOUNDATION
Josef S, Project-Manager

